

# Pine Forest Cheerleading Camp

## COVID-19 Protocol

Dear Coach/Parent,

We are so excited to welcome you back to Pine Forest Cheerleading Camp for the 2021 season. It has been almost two years since we last hosted you and your team.

As always, your safety is our primary concern. While we anticipate camp to feel somewhat normal, there will be some changes to help protect us all from COVID-19. Following are the COVID-19 protocols specific to Pine Forest Cheerleading Camp at all our locations. These protocols will operate in conjunction with the Varsity/UCA COVID Protocols which can be found here. <https://www.varsity.com/wp-content/uploads/2021/01/Overnight-Camp-Rules-COVID-19-School-Org-FINAL-06172020.pdf>

### GUIDELINES FOR ALL PERSONS IN ATTENDANCE AT PINE FOREST CHEERLEADING CAMP

- Vaccinated Participants (campers and coaches) will NOT require testing of any type. However a rapid test or a PCR test is recommended. Proof of full vaccination will be required.
- Non-Vaccinate Participants (Campers & Coaches) are required to get a negative PCR COVID-19 test result at least 72 hours prior to camp. You must have the results before your camper arrives, so be sure to ask your provider about their guaranteed turnaround time. If they require longer than 72 hours, get your test early enough that you will be sure to have the results when you arrive at camp.
- We will be using an App called "Bindle" on your phone to create your pass to enter the camp for those 13 years or older (**Campers younger than 13 years old must bring paper result**). For campers younger than 13 years old you should bring paper copies of vaccination card and/or negative PCR test. **A backup copy should be brought by every camper/coach in case of issues with phone service at registration.**
- On the day you leave for camp, the coach/parent should conduct temperature checks for each participant **prior** to boarding the bus or cars. If anyone has a temperature that morning, they should not attend camp until they get another negative test.
- All camp participants shall monitor themselves for symptoms of COVID-19 listed by the CDC, including cough, shortness of breath, fever, chills, muscle pain, sore throat, and new loss of taste or smell, and check their own temperature each morning. Anyone who develops symptoms while at camp must inform both Varsity personnel (A varsity COVID-19 Coordinator will be assigned for each camp) and the Pine Forest Cheer Camp Nurse. This individual will be placed in a COVID-19 Isolation room and will be required to take a rapid test. If the test is positive, the participant will be taken to a local testing center for a COVID test. If the individual is found to be Positive, the entire school/team will be required to leave camp a pro rata refund will be provided.

- Your team will operate as a unit or POD. Your private coach will also be your big brother big sister. We request that you and your team attempt to remain as a unit and refrain from direct interaction with other teams when possible. When indoors or while part of a larger group, we request that you make every attempt to remain 6 feet apart.
- Masks will be required for anyone who is **not vaccinated** while in the dining hall or in any other indoor facility other than their cabin, and while in a group setting. Masks will not be required seated at your table and actively eating, working with your team outdoors, or inside of your cabin.
- **No Visitors will be allowed in camp while the camp is in session (Parents picking up a camper in session for medical or personal reasons will be permitted).** Parents may drop off participants but must stay in a designated parking location where luggage will be picked up. Parents will not be permitted in cabin areas.
- Parents/visitors **will be** allowed to attend camp on the final day for pickup. Parents will not be required to be tested for pick up. Any parent/visitor **not vaccinated** is required to wear a mask while attending final session. If the final session is held indoors, we require ALL Parents/Visitors to wear a mask including those who are vaccinated.
- During coaches meetings, any coach/parent Not Vaccinated, is required to wear a mask if meeting is held indoors.

We are excited to welcome you back to camp this summer! Obviously, your cooperation and patience is greatly appreciated. Pandemic or not, the safety of our campers has always been one of our key guiding principles. For this year especially, we hope you understand the steps we must take during these unprecedented times to ensure we have a fun and safe 52nd Pine Forest Cheerleading Camp. We look forward to seeing you soon!